

# 3CV WORLD SPORTS FEDERATION

## RULES & REGULATIONS 2005



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**Index**

I.	INTRODUCTION .....	2
II.	3CV WORLD SPORTS RULES AND POLICIES .....	2
III.	ELIGIBILITY .....	2
IV.	OFFICIALS .....	3
V.	SAFETY .....	4
VI.	COMPETITION CLASSES .....	4
VII.	RACING PROCEDURES .....	5
VIII.	RACING RULES.....	5
IX.	PENALTIES .....	6
X.	COMPETITION DISCIPLINES AND SPECIFICATIONS .....	7
XI.	POINTS SYSTEM.....	8



## I. INTRODUCTION

3CV World Sports racers are expected to be familiar with the 3CV World Sports rules manual. This is the second edition of 3CV World Sports rules. While the fairness of races and exposure of athletes is important, at this time 3CV World Sports is primarily focused on the growth of the sport and providing enjoyable, safe races for the participants. Therefore race organizers and officials have considerable flexibility to make decisions to improve events.

## II. 3CV WORLD SPORTS RULES AND POLICIES

- A. **RULE CHANGE:** Shall be defined as anything which would affect a participant's competitiveness in their class to the extent that they would not have a class in which to participate, would be noncompetitive, or would have to make substantial changes in equipment to remain legally competitive in any given class.
- B. **POLICY CHANGE:** Shall be defined as anything that might affect a rule, but not in such a way as to make anyone noncompetitive or require a participant to change his or her equipment substantially to race competitively and legally. A policy change may be implemented immediately.

## III. ELIGIBILITY

Membership in the 3CV World Sports is not required to compete in 3CV World Sports sanctioned events.

- A. **LIABILITY WAIVER:** All riders shall sign a waiver of liability before being allowed to participate in any 3CV World Sports sanctioned event. (see appendix)  
The entrant and/or rider, in signing the entry form for any 3CV World Sports event, elects to use the track at their own risk, and thereby releases and forever discharges the 3CV World Sports Federation, together with their heirs, assigns, officers, representatives, agents, employees, and participants from all liability from injury to person, property, employees and/or reputation, that may be received by said entrant and/or rider, and from all claims of said injuries to parties listed above growing out of it, or resulting from the event contemplated under the entry form, or caused by any construction or condition of the course over which the event is held.
- B. **RIDING ABILITY:** All riders need to be able to show their riding ability to the satisfaction of the officials during all practice and racing.
- C. **PREGNANT WOMEN:** Pregnant women are not allowed to compete. This restriction applies to practice, tests, qualifying and competition.
- D. **OFFICIAL ENTRY:** Both the rider and the equipment are the official entry in a 3CV World Sports sanctioned event and there shall be no substitution of the rider. The entrant must be present at the pre-race technical inspection with all equipment necessary to substantiate legal entry. This includes all protective equipment. All equipment must be presented to and must pass pre-race technical inspection. At no point, will any racing equipment be allowed to enter the race that has not passed pre-race technical inspection.



- E. INSPECTION: Some organizers might choose to have technical inspection performed visually on the course rather than pre-race.
- F. EQUIPMENT: The vehicle for the 3CV World Sports competitions needs to work with a cambering system. The cambering system includes a single steerable front wheel and a pair of rear wheels at the rearward ends of trailing arms extending from the front structure. The two arms are articulated to the front structure, and move acutely in planes parallel to the steering column. The vehicle must be TÜV and CE certified.
- D. MINIMUM AGE REQUIREMENT: The minimum age to compete in the open categories of an 3CV World Sports sanctioned event is 8 years old. If the parent or legal guardian is unable to sign the waiver at the event, then the waiver must be notarized and brought to the event. OTHERWISE, you will not be allowed to compete.

#### IV. OFFICIALS

Officials in their assigned duties must be familiar with all rules and regulations, which apply to those duties.

Note that positions may be combined to accommodate the limited staff used for slalom races. Officials may compete in the race, but should be careful to be unbiased. Positions may be handed off, too, to allow tag teaming to make it easier for racers to officiate.

- A. OFFICIAL POWERS: The designated officials of any 3CV World Sports sanctioned event shall have the power of rule enforcement and race supervision, as found in the Competition Regulations, during the entirety of any event. Officials may reserve the right to prevent any entrant from participating in any 3CV World Sports event.
- B. CHIEF STEWARD: The Chief Steward shall be that official having complete charge of the riders while on the track. The Chief Steward shall disqualify any rider who, in their opinion or that of their observers, is in violation of the rules or whose equipment is or has become unsafe to operate. The Chief Steward is also in charge of the Corner Marshals. The Chief Steward or their designated representatives shall uphold all rules and regulations pertaining to participant riding habits. The Chief Steward will supervise all riders entered in an 3CV World Sports sanctioned event, and submit a written report to the 3CV World Sports Board of Directors on infractions of the rules and unsafe or unsportsman like conduct on the part of any participant.
- C. STARTER: The Starter shall be that Official having complete control of the start area. The Starter shall follow instructions from the Chief Steward. The Starter's verbal commands are to be obeyed without exception. The Starter shall conduct a meeting for all riders prior to the start of the event to explain the race procedures. Prior to giving the verbal start commands the Starter will check all competitors helmet straps for secure retention. The Starter will watch the participants to ensure no start box violations occur and report any that may occur, to the Chief Steward.
- D. FINISH STEWARD: The Finish Steward shall be that Official having charge of the finish. The responsibility is to accept any protests that may arise, gather information from the respective athletes regarding the protest and report this information to the Chief Steward.



## V. SAFETY

Safety is one of the prime considerations of the 3CV World Sports Federation. Equipment, facilities, and competition practices are under constant review to protect both the athletes and spectators.

- A. **INSURANCE:** Any athlete, official or other person related to a 3CV World Sports sanctioned event is responsible for arranging its own (medical) insurance.
- B. **EMERGENCY MEDICAL:** A first aid kit or a medical response team shall be present during the entire racing event.
- C. **PROTECTIVE EQUIPMENT:** The 3CV World Sports Federation strongly advise to all participants to use protection wear like:
  1. **HELMET:** Bicycle helmet or better.
  2. **BODY ABRASION:** Body abrasion protection, such as sturdy pants completely covering hips and shirt covering shoulders.
  3. **PADS:** Elbow and kneepads (hard or composite). Loose fitting pads may need to be taped down (may use athletic tape). Organizers may consider alternate padding that the racers use.
  4. **HAND PROTECTION:** Acceptable hand protection includes:  
Leather or Kevlar gloves  
Full weight hockey gloves  
Wrist guards  
Sliding gloves
  5. **SPEED SUITS:** Speed suits may be worn.
  6. **MODIFICATIONS:** In some higher speed races (such as downhill or snow races) the organizer may require additional protection. For example: helmets with face guards, heavier abrasion protection (such as leathers), and leather gloves could be required.

## VI. COMPETITION CLASSES

Every competition is open for riders of certain age group, riding on the Cambering vehicle with a certain measure of wheels

A Classes for age groups

- Class A: until 12 years
- Class B: 12 years – 18 years
- Class C: 18 years and older

B Classes for wheel measure

- Class W5: limited to a 3CV with 5 inch wheels
- Class W6: limited to a 3CV with 6 inch wheels
- Class W7: limited to a 3CV with 7 inch wheels
- Class W8: limited to a 3CV with 8 inch wheels
- Class W12: limited to a 3CV with 12 inch wheels (air tires)
- Class Snow: limited to a snow 3cv

Classes can be mixed together to let different wheel sizes compete against each other. It is only allowed to enter a race with a smaller wheel size that the race class prescribes. So in a class W8 race it is only allowed to enter with a W8 or smaller wheel size.



## VII. RACING PROCEDURES

- A. **PRACTICE:** Practice time will usually be available before the race, but is not required.
- B. **FORMATS:** Time trials-qualifiers-timed races: Racers start one at a time, and receive times for the course. Qualifying is usually by the best of two runs. However, organizers may choose to combine times, or use fewer or more runs.
- C. **START PROCEDURES:**  
The start official says "RACERS READY", and waits for racers to get into position within the start box.  
Start official says, "RACERS SET", Once this command is given, racers must assume a set, final position. No movement will be permitted until the start signal is sounded.  
An audible tone (horn, gun, whistle, or "go") marks the start of the race.  
An alternative start sequence may be chosen by the race organizer, such as "3-2-1-Go", but the sequence must be the same for all racers.
- D. **START METHODES**  
There are four different kinds of Start Methods.  
a. Stand still without the feet touching the ground  
b. Ramp start, using a ramp at the start  
c. Kick start; one kick, two kicks or unlimited.
- E. **INCLEMENT WEATHER:** The organizer may cancel the event in case of bad weather or wet course conditions. The organizer may choose to take a vote of the racers present to make the decision, but has the authority to over-ride the vote.
- F. **EVENT POSTPONEMENT OR CANCELLATION:** If unforeseen problems arise, the organizer may shorten the event to award positions (for example, if the second run of a best of two runs race is cancelled, the race awards could be based on the first run). In the case of a complete cancellation, no points or prize money will be awarded, and entry fees should be refunded.

## VIII. RACING RULES

- A. **INTERFERENCE:** If a competitor or a crewmember interferes with another racer while on course, the competitor committing the interference will be penalized. If a crewmember commits the offense, the penalty will be assessed to the competitor that the crewmember is assigned to. The Chief steward can decide for restart a race.
- B. **COMPROMISED ABILITY:** If in the opinion of the race officials, a rider's ability to be safely in control has been compromised by alcohol, drugs, illness, injury, or emotional distress, that rider will not be allowed to continue the event.
- C. **ROUGH RIDING:** Overly aggressive, dangerous or rough riding is not allowed and will be penalized and/or disqualified.
- D. **MISSED GATES OR CONES:** Racers must completely clear all course marker cones and gates. Cutting inside cones or gates, or hitting cones will result in disqualification (DSQ) from the run. Leaning over cones is allowed, and hitting hinged gates is allowed, but jumping or rolling over cones or gates is not allowed. Both feet and all wheels must go around (not over or under) all cones and gates.



- E. **DISLODGED CONES:** A penalty (usually 0.1 second for tight slalom, 0.2 second for GS) may be assessed rather than DSQ for hitting a cone (usually defined as causing the cone to move completely outside its original footprint). There may also be a maximum number of cones hit before a DSQ is assessed (For example: 3 = DSQ).
- F. **JUMPS:** Jumps may be optional. Racers may go over the jump, or take a longer line around the cones at the jump when available.
- G. **COURSE DIRECTION:** It is the racer's responsibility to know the course, misunderstanding of which side of the cones to skate on will result in a DSQ.
- H. **ALTERNATIVE GATE MARKERS:** Alternative gate markers may be used instead of cones, such as plastic panels or hay bales.
- I. **THE FINISH:** Racers must slow to a stop in the finish area in a predictable manner, which does not endanger spectators, officials, or other racers.

## **IX. PENALTIES**

Riders will at all times be responsible for their own conduct and the conduct of their crews. Any offense committed by a crewmember will be chargeable to the rider. This particularly applies during the running of an event while the rider is away from his pit.

- A. **POWERS OF THE 3CV World Sports Federation:** The power of suspension from 3CV World Sports sanctioned events shall rest solely with the 3CV World Sports Federation. Riders who are placed on report and are found guilty by the 3CV World Sports Federation shall be subject to the following penalties.
  - One (1) report: A warning letter will be sent.
  - Two (2) reports: The rider will be placed on probation for the next two races.
  - Three (3) reports: The rider will be suspended for two events.

NOTE: Some infractions may be of the nature, that it may be necessary to give full penalty on the first infraction. It is understood that the foregoing penalties are in addition to the normal disciplinary power available to the 3CV World Sports Board.
- B. **SUSPENSION:** Infraction of a rule or rules may result in exclusion or expulsion from the event or in extreme cases suspension or expulsion from the Federation.



- C. POWERS OF THE CHIEF STEWARD:  
The following definitions should be used as guidelines for rider and pit crew behaviour:
1. DEFINITIONS:
    - a. Careless: Departing from the standard of a reasonably prudent, competent rider and/or personal conduct.
    - b. Reckless: Performing an act or omission which creates an obvious and serious risk to others and without due consideration of the consequences.
    - c. Dangerous: Performing an act or omission, which creates an obvious and serious risk to others and with deliberate disregard of the consequences.
  2. PENALTIES: The Race Officials should note that any allegation of a rider or pit crewmember committing one of the above offenses may be modified by the Chief Steward to consider as a greater or lesser offense.
    - a. Verbal warning
    - b. Dock one or more positions
    - c. Disqualification from heat
    - d. Disqualification for the event or day
    - e. Letter to the Board for recommendations for suspension

## X. COMPETITION DISCIPLINES AND SPECIFICATIONS

- A. SLALOM: Slalom uses cones or gates spaced 3 meters apart. Two riders compete parallel. Time registration starts simultaneously. The winner of the competition is the one who covers the slalom the fastest.: Course length: 70 meters, cones to be set-up in a straight line 3 metres after the starting line and with a spacing of 3 metres. The last cone or gate will be 6 metres before the finish line, to make a sprint and close finish possible. Both course should have a spacing of 3 metres and both 2,5 metres of spacing on the outside lines.
- B. DISTANCE: Racers compete with each other to cover the distance the fastest. The racers start simultaneously.  
Course length: 500 metres, 1000 meters, 3000meters, 10.000 meters, half a marathon and marathon.  
**When racing on a skate rink (official 400m) use the same format as done by speed skating.**
- C. EXTREME
1. DOWNHILL: Racers compete with each other to cover the distance the fastest. The racers start simultaneously. Course length: depending on location.
  2. DOWNHILL individual: Racers starts individual on time registration Course length: depending on location.
  3. FREESTYLE: 3CV riders have 3 minutes time to show tricks to a jury. They will score each individually on a 10 point scale. The jury consists out of the competition officials.  
The Freestyle competition will preferably take place in a 'skateboard' park. In this park different ramps are present that allow the 3CV rider to perform tricks. The ramps are, if possible made out of wood.
  4. UPHILL: Racers compete with each other to cover the distance the fastest. The racers start simultaneously. Course length: depending on location  
*The steepness of the Slalom(A) and Distance(B) course should average between 0% and 15% grade for all disciplines except freestyle. There should be no uphill sections, unless the entry speed is adequate for racers to maintain*



- reasonable speeds without pushing. The start can both be flat and on an incline.*
- D. SNOW  
Duals Slalom, Dual Super G, Downhill (time-trail)

## **XI. POINTS SYSTEM**

There are competitions on three levels, in all competition classes (see VI):

LEVEL 1: World Championship

LEVEL 2: European Championship

LEVEL 3: Regional or National Championship

For all three levels 1 to 10 points can be earned. The best contender will get 10 points, and the second best will get 9 points, et etc. The three different levels stand loose from each other: points at one level have no meaning on the other levels.

The 3CV World Sports Ranking lists are a dynamic points system that will be updated after each event takes place. Twelve months after an event has taken place, points earned by a competitor will be dropped and the rankings will be recalculated. Official world rankings are maintained at website of the 3CV World Sports Federation. The following criteria will be used to determine the various 3CV World Sports Champions.:

**WORLD CHAMPION:**

The competitor who is the highest ranked in their respective class of the 3CV World Sports Rankings on December 31st of the current calendar year.

**NATIONAL CHAMPION:**

The competitor who wins their respective class of their 3CV World Sports National Championship. If a non-citizen of the respective Country wins the event, the title will go to the highest finishing citizen of the country. If there is no National Championship held in a particular country, the highest 3CV World Sports ranked competitor from each country will earn the title of National Champion.

**REGIONAL CHAMPION:**

The competitor who wins their respective class of their 3CV World Sports Regional Championship.